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## F.R.E.S.H. Summer of Training-First Aid/CPR Classes Kicks Off National Safety Month

June – September Free Training for Residents of All Eight Wards

(Washington, DC) – Serve DC kicked off National Safety Month with the F.R.E.S.H. Summer of Training – First Aid/CPR classes in each of the District's eight wards beginning in June through September 2015 providing free training to 100 residents in each ward. National Safety Month is observed annually in June and sponsored by the National Safety Council.

"Knowledge of basic first aid can make the difference between life and death. And, knowing how to perform cardiopulmonary resuscitation (CPR) is a vital life skill everyone should have" said Kristal Knight, Executive Director/Chief Service Officer for Serve DC."

Serve DC knows firsthand that volunteer engagement and response is critical in the event of an emergency, and its preparedness programs ensure residents have the skills and resources necessary to serve their communities in times of crisis.

Serve DC engages residents with free emergency preparedness training opportunities and brings together emergency-trained volunteers who live, work and/or congregate in the same District communities and are capable of responding in the event of an emergency. Trainings are led by emergency-management professionals and first responders.

The F.R.E.S.H. Summer of Training's goal is to get 800 to 1,000 properly trained citizens prepared to respond to emergencies in their communities. When emergencies happen, this basic training can provide critical support to first responders, immediate assistance to victims and can help organize spontaneous volunteers at a disaster site.

Trainings are free and conveniently located in each ward at accessible times to fit most schedules and are open to anyone who lives, works or congregates in the District of Columbia. To register for any of the trainings, visit DCSafetySummer.eventbrite.com or www.serve.dc.gov.

Serve DC – The Mayor's Office on Volunteerism is the District of Columbia Government agency dedicated to promoting service as an innovative, sustainable solution to pressing social challenges. Serve DC supports communities across the District through federal grant funds from the Corporation for National and Community Service (CNCS) and the US Department of Homeland Security (DHS).

For more information about the Summer of Training, scheduling and locations, please visit www.serve.dc.gov or call 202-727-7925 for more information.

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